

Preliminary Agenda

Register Online: <https://chattaging.wordpress.com/>

8:30 am – 10:30 am

Welcome and Overview

Carleena Angwin | Chattanooga-Hamilton County Health Department

Aging by the Numbers: A Look at Southeast Tennessee

Michael Frixen, AICP | Director of Planning | Southeast Tennessee Development District

Keynote Introduction

Amy French | Senior Manager of Programs and Education | Alzheimer’s Association | Mid South Chapter

Keynote Address: Meeting the Healthcare Needs of the Elderly: Establishing a Geriatric Medicine Center

Dr. Alycia Cleinman | CHI Memorial Center for Healthy Aging



Dr. Cleinman is a fellowship-trained geriatrician with CHI Memorial’s Center for Healthy Aging. She earned her medical degree from Ross University School of Medicine and completed an internal medicine residency and geriatric medicine fellowship at the University of Mississippi Medical Center in Jackson, MS. She holds board certifications in Internal Medicine and Geriatric Medicine. After completing her training, Dr. Cleinman remained at the University of Mississippi Medical Center for 4

years, serving as an Assistant Professor in the Division of Geriatrics. She recently relocated to Chattanooga to establish the CHI Memorial Center for Healthy Aging Clinic.

Keynote Co-Facilitator

Ray Figueroa, MSHS | Director of Physician Operations | Mountain Management Services | Memorial Health Care System

10:30 am - 10:45 am

Break

10:45 am – 11:45 am

Presentations by Chattanooga Innovators with a focus on the “Idea Into Action” Process

Vision to Reality: Erlanger’s Behavioral Health Hospital

Joseph M. Winick, FACHE | Senior Vice President | Planning, Analytics & Business Development | Erlanger Health System

It Matters Wellness | The Four “Es” to Wellness

Katherlyn Geter | Program Coordinator | Purpose Point Community Resource Center

Lighting the Path to Independence: The Chattanooga Area Low Vision Network

Amy Burba, OTR/L | Director Outpatient Services | Siskin Hospital for Physical Rehabilitation

PACE: Innovative Geriatric Care

Colleen Combs | Director of Marketing & Business Development | Alexian Brothers PACE

Fall Prevention: Using A Matter of Balance to Bridge University and Community Resources

Joanie Jackson, DNP, APRN, FNP-BC | Assistant Professor | UTC School of Nursing
Jessica Crowe, OTD, OTR/L

Wheelchair Tai Chi for Veterans

Dr. Zibin Guo | Medical Anthropologist | Tai Chi Master

11:45 am – 12:00 pm

Q+A

12:00 pm – 12:55 pm

Lunch - Boxed lunches will be provided.

12:55 pm – 1:00 pm

What is an Innovation District?

Tim Jones | The Edney Innovation Center

1:00 pm – 1:30 pm

Academia in the Aging Care Spotlight

University-Community Partnerships for Evidence-Based Programs: Who Needs Who?

Matthew Lee Smith, PhD, MPH, CHES, FAAHB, FGSA | Associate Professor | Institute of Gerontology | Department of Health Promotion and Behavior | College of Public Health | The University of Georgia

Dr. Smith has earned a national reputation as an evaluator of evidence-based programs for older adults across the United States. He will discuss how to maximize the success of evidence-based interventions through university-community partnership development.

Research, Planning & Geriatric Programs

Britt Cusack, DNP, ANP-C, APN | Vicky B. Gregg Endowed Chair of Gerontology | Assistant Professor | University of Tennessee at Chattanooga

Dr. Cusack will offer an overview of UTC’s aging-related research, newly developed geriatric programs, and recent Engagement in Eldercare community stakeholder meeting.

1:30 pm – 1:40 pm

Break

1:40 pm – 2:40 pm

Aging in Place: Senior Transportation in Southeast Tennessee

Panel Facilitator

Cortney Geary | Senior Multimodal Transportation Planner | Chattanooga-Hamilton County/North Georgia Transportation Planning Organization (TPO)

Panelists

1. **Lisa Suttles** | General Manager of Care-A-Van/ADA Coordinator | Chattanooga Area Regional Transportation Authority (CARTA)
2. **Leslie Freeman** | Director | Southeast Tennessee Human Resource Agency (SETHRA) Hamilton County Division
3. **Tommy Preston** | Assistant Director | Southeast Tennessee Development District (SETD) Area Agency on Aging and Disability
4. **Anna Lea Cothron** | Aging Commission Liaison | Tennessee Commission on Aging and Disability (TCAD)

Objectives

1. Learn about transportation services available for seniors in Southeast Tennessee.
2. Explore the role of public, non-profit, and private agencies in senior transportation and how they are working to improve coordination across sectors and jurisdictional boundaries.
3. Panelists will share upcoming projects their agencies are pursuing to make it easier for seniors to get where they want to go.

2:40 pm – 2:50 pm

Break

2:50 pm – 3:50 pm

Ideas Into Action – Interactive Panel Discussion

We will be discussing the realities of what it takes to move an idea beyond thought and into action through painting a picture, identifying the opportunities, finding the right collaborators, what excites funders, and where to begin.

Panel Facilitator

John Bilderback, M.S., ACSM HFS | Step ONE Program Manager | Chattanooga-Hamilton County Health Department

Panelists

1. **Maeghan Jones** | President | Community Foundation of Greater Chattanooga
2. **Lori Hoeger** | Director of Corporate and Social Responsibility, Independent Healthcare Properties | Executive Director, Morning Pointe Foundation

Objectives

1. Come away with a basic understanding of Design Thinking as a way of putting ideas into action
2. Discuss examples of Design Thinking that have been implemented in Chattanooga
3. Come away with free resources and tools to better understand and implement ideas into action

3:50 pm – 4:00 pm

Closing Remarks

Carleena Angwin | Chattanooga-Hamilton County Health Department

9:00 am – 3:00 pm

Virtual Dementia Tour



The Virtual Dementia Tour was created to offer families, friends, caregivers, healthcare providers and others an opportunity to “walk a mile” in the shoes of those with Alzheimer’s or Dementia. Participants find that the tour enables them to experience their environment in a completely different way, with greater understanding and perspective into the lives of those with Dementia.

The tour takes about 20 minutes per person and will be going on throughout the day in the Accelerator Space.

Presented by:



**Chattanooga-Hamilton County
Health Department**



CHI Memorial

Center for Healthy Aging

Pre-registration is required and closes when venue capacity is reached.

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